



District 7 Fire Rescue
"Protecting Lives and Property"

11615 Galm*San Antonio, TX 78254*210.688.0665
www.d7fr.org



EMPLOYMENT POSTING

Bexar County ESD # 7 (District 7 Fire Rescue) will be administering an Physical Agility Test and EMS skills Testing for Firefighter/ EMT Basics, "Paramedic preferred". District 7 Fire Rescue will be hiring 6 positions in January 2018. To be eligible for hire at District 7 Fire Rescue, you must have taken the Alamo Area Fire chiefs Association test within the last year, "at time of testing" or take the upcoming exam on December 18th 2017. A passing score is required. Information for AAFCFA test can be found at <http://alamoareafirechiefs.com/>

- Application and reference material for employment may be acquired from:
 - Fire Station # 115, 11615 Galm Road, San Antonio, TX 78254 (210.688.0665).
Office Hours are 0800 – 1700, Monday - Friday, call for after hour's pick-up/drop off.
 - Or download the application, online at www.d7fr.org / main page.
- The following are required for eligibility at **District 7 Fire Rescue**:
 - Must be fully certified with the Texas Commission on Fire Protection as a Basic Fire Fighter AND must be fully certified with the Texas Department of State Health Services as an Emergency Medical Technician/ Paramedic.
 - OR**
 - Must be fully certified or licensed with the Texas Department of State Health Services as a Paramedic.
 - Must possess a current valid Texas Driver's License.
 - Must be at least 18 years old.
 - Must meet all physical requirements as set by NFPA 1582.
 - Must be a U.S. Citizen.

Deadline for Application is // turned into Fire Station 115 by 1700hrs

1. A Physical Agility/EMS Skills test will be administered, date and time to be announced
2. Attire required for physical Test
-Closed toe running shoe, T-shirt, Shorts (no cut off T shirts or tank tops)
3. There will be EMS Skills Verification administered following the physical agility test per candidate, National Registry Curriculum. It would benefit the applicant to study the NREMT sheets found at www.nremt.org.

Benefits

- Retirement TCDRS at 7% with 2.5:1 Matching
- Health Insurance Provided 100% for the Employee with Family Plans Available at the Employees Expense
- Starting Firefighter/EMT Basic \$\$\$\$ Firefighter/Intermediate \$\$\$\$ Firefighter/Paramedic \$\$\$\$
- Paramedic only \$\$\$\$

Contacts

Captain

Nathan Lafield

A-Shift Operations

Office 210-688-0665

Cell 210-854-6463

nlafield@d7fr.org



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Candidates

Hiring process for District 7 Fire Rescue

Candidates applying must:

- Submit a completed application
- Have tested and have passed the AAFCA test within the last year
- Complete the P.A.T Physical Agility/ mile run within the time limits
- Complete the medical skills Verification
- Pass the back ground verification
- Pass a panel interview
- Pass a medical evaluation and drug screen
- Pass the Chief interview
- Sign a contingent offer of employment

Candidate participating in the hiring process, will be evaluated on every aspect of the hiring process. Candidate wishing to participate in PAT training days and skills training prior to test day, monitor <http://d7fr.org/> for updates and candidate information.



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PAT/MSV Test Day

The **PAT** includes the following:

Helmet and gloves will be provided for you. Wear closed toed shoes for running, shorts or sweat pants. No sleeveless shirts.

1 mile run completed in no longer than 11:00 minutes, 4 laps on a quarter mile track.

A timed 3 minute rest shall immediately follow the conclusion of the run. The helmet and gloves shall be donned during this time. The candidate may rest however they see fit but they must be in place ready to go at the ladder extension at the end of the timed 3 minute rest. The 5 minute time limit for the rest of the PAT shall immediately start at the conclusion of the 3 minute rest. Candidate is allowed to hydrate at this time.

The candidate shall travel in a safe manor no less than 50' between events.

Ladder extension - The candidate extends the fly section of a 24' extension ladder 3 times in a safe manner, maintaining control of the fly.

100' charged hose line drag. The candidate extends a 1.75" charged hose line 100 ft, placing the nozzle in the designated area, not dropping the nozzle.

Ladder carry. The candidate obtains 14' roof ladder mounted on apparatus and carries the ladder 25' travels around a cone and travels 25' back to the apparatus and replaces the ladder.

Tool carry. The candidate grabs one 35lbs tool in each hand and carries them 25' around a cone and return to the start of the tool carry and replace them. Do not drop the tools. Candidate is allowed to set the tools down and adjust grip at any point.

Keiser sled. The candidate uses a sledge to move a weighted sled 5'. Candidate must perform this in a safe manner and maintain control of hammer at all times.



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Dummy drag. The candidate will drag a weighted manikin 50' go around a cone and return 50' to the start. Manikin's feet must pass the line. Any method may be used to move the manikin. Candidate is **NOT** allowed to use rope, webbing or straps of any kind to move manikin.

Medical Skills Verification

Medical Skill Verification

Upon successful completion of PAT you will be given a period to rest and hydrate. You will then move onto Medical Skills Verification (MSV). MSV will be National Registry of Emergency Medical Technicians skills. You will complete three medical skills that correlate with your EMS skill level. Candidates will be evaluated based off NREMT skill sheets. Complete these skill just as you would for NREMT. Candidates will not be notified of their scores. **Candidates that do not successfully complete the PAT will be ineligible in continuing on with this process.**

Emergency Medical Technician

CPR/AED https://content.nremt.org/static/documents/skills/R215_NREMT.pdf

Bleeding control/shock management https://content.nremt.org/static/documents/skills/E213_NREMT.pdf

BVM of Apneic Pt. https://content.nremt.org/static/documents/skills/E203_NREMT.pdf

Paramedic

Dynamic Cardiology https://content.nremt.org/static/documents/skills/P306_NREMT.pdf

IV/Med administration https://content.nremt.org/static/documents/skills/P309_NREMT.pdf

BVM of Apneic Pt. https://content.nremt.org/static/documents/skills/P303_NREMT.pdf

Interview

The final step in the process is the interview. Candidates completing the MSV and PAT will be notified of the next step.

Please direct all questions to:

*Captain
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